



## October 2011 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheese sticks with marinara sauce, salad, and juice	4 Vegetable Chow Mein, steam rice, vegetable egg roll and juice	5 Cream cheese, smoked salmon or hummus on bagel, chips, juice	6 Tuna, egg or cheese Sandwich, chips, cookie and juice	7 12:15 dismissal
10 Cheese sticks with marinara sauce, salad, and juice	11 Vegetable Chow Mein, steam rice, vegetable egg roll and juice	12 12:15 dismissal	13 School Closed	14 School Closed
17 Cheese sticks with marinara sauce, salad, and juice	18 Vegetable Chow Mein, steam rice, vegetable egg roll and juice	19 12:15 dismissal	20 School Closed	21 School Closed
24 Cheese sticks with marinara sauce, salad, and juice	25 Vegetable Chow Mein, steam rice, vegetable egg roll and juice	26 Cream cheese, smoked salmon or hummus on bagel, chips, juice	27 12:15 dismissal Parent/Teacher Conferences	28 Pizza, salad, and juice
31 Cheese sticks with marinara sauce, salad, and juice				

### REMINDERS

- ? Hot lunches are not served on half days. If staying in *After School Adventures* bring a sack lunch.
- ? Students are responsible for bringing a nutritious snack for morning recess.
- ? When packing a sack lunch remember to provide napkins and utensils.
- ? No candy or sodas permitted. Staff will confiscate and return at the end of the school day.
- ? **PLEASE RETAIN THIS MONTHLY MENU FOR YOUR REFERENCE. PLEASE DISCUSS THE MENU AND ORDERING PROCESS WITH YOUR CHILD.**